Patchwork Newsletter

Vernon Silver Star Quilters Guild Newsletter

October 2026 Volume 20, Issue 2

VERNON SILVER STAR QUILTERS

OCTOBER 2026

Greetings from our President

Happy fall, and welcome to October. Time flies.

Our Guild will meet only once this month. Thursday, October 15, will be our one and only meeting, and it will be a business meeting. Please check the online calendar for all October happenings so that you do not miss something that you would really like to attend. Our subgroups are in full swing. The first Monday of the month is our Scrappy Group, the second Monday of the month is our Classics Sewing Group, and the fourth Monday of the month is Talk Around the Block. If you would like to join any of these groups, you can just show up on the scheduled date and speak to one of the people in the group; they will direct you to the leader. Joining a subgroup is a wonderful way to get to know other guild members and share ideas, projects, and your love of quilting.

I want to thank all the people who volunteer their time and talents every month to make our guild what it is today. Thank you for volunteering to be a greeter on our meeting days, helping in the kitchen, bringing in goodies for our coffee time, and volunteering to set up and take down. It takes a lot of people to make our guild a success, and we so deeply appreciate all who volunteer their time and energy in various aspects of our guild.

Happy quilting, and see you on October 15.

.

Newsletter Editor – Louise Breneman Website: www.vssq
Deadline for Newsletter articles is the 26th of each month from August to June

Guild Meeting Days - doors open at 9:00 am. meeting begins at 9:30 am
Subgroups & Classes - doors open at 8:45 am for set up, ending at 3:00 pm

Advertisers - Debbie Macleod

A big thank you to our advertiser, Fabricland, for their donation of gift certificates for our members. Please remember to thank them on your next visit. Also, please remember to support all of our Newsletter Advertisers & thank them for their support.

Retreat Committee - Karel Greenizan

The ladies on the retreat committee suggested I send this recipe for inclusion in the newsletter. I made this soup when they all came over to our house for a meeting and everyone enjoyed it.

Chicken and Rice Soup

- 3/4 pound chicken use boneless, skinless chicken breasts
- 1/3 c uncooked rice, rinsed
- 2 inches of ginger root, peeled and sliced in large chunks
- 4 cloves of garlic or equivalent
- 6 c water
- 2 Tbsp. soy sauce
- 2 or 3 med yams, peeled and cubed
- Lemon juice, salt & pepper

Put chicken, rice, ginger, garlic & water in large pot. Bring to boil 12 minutes. Skim foam.

1) Remove chicken pieces and ginger then add yams
2) Boil for another 15 minutes. Meantime shred chicken then add it back into pot after the 15 minutes are up.
3) Boiling time may be less than 15 - check if yams are cooked.
4) Add soy sauce, salt (to taste) and lemon juice. With the juice start with 2 Tbsp. Stir and taste. (I add 3-4 Tbsp) Top with cracked pepper to taste.

A Trip Down Memory Lane

Silver Star Quilters Mark 25 years
Vernon Morning Star, May 18, 2011

Vernon Silver Star Quilters celebrate their silver anniversary Thursday with a special tea at St. John's Lutheran Church, where they meet twice a month.

VSSQ began in 1986 as a group called Silver Star Quilting Squares, when a quilting enthusiast put an ad in the local paper asking if anyone was interested in quilting. In 1999 the name of the group was changed to the Vernon Silver Star Quilters. The guild's main focus is to promote quilting through literature, workshops, seminars, demonstrations and quilt shows. They also provide community services with donations of quilts and cash to many local charities, and by providing displays if requested.

Over the past 25 years, VSSQ has donated more than $35,000 to local charities and a few international charities, earned mainly through their raffles and quilt shows.

VSSQ members have also sewn and donated more than 2,500 quilts to organizations and individuals in our area. Making preemie, trauma and community quilts are ongoing projects for the guild, and this year they've added Quilts of Valour to the list. Quilts of Valour are made for Canadian soldiers who return from war-torn areas of the world injured in body and/or spirit, and are given as a small token of gratitude for the personal sacrifice they have made for our country. They are distributed through the Armed Forces Base in Edmonton.

This year, to celebrate the guild's 25th Anniversary VSSQ is donating $2,500 to the Vernon Jubilee Hospital Tower of Care. Anyone interested in learning more about Vernon Silver Star Quilters can check out the website at VSSQ.org.

Fall Retreat – Kimberley Greenizan

The Fall Retreat is shaping up well but due to medical reasons a couple have had to drop out so we still have 6 places available. The committee is working hard to get everything in place and I look forward to a great retreat. If you are able to attend email me at kimberlydg6977@gmail.com and we can add you to the group.
Thank you, Kim

Falkland Quilter's Request

I am the current custodian of a family quilt made in the 1920s in a crazy quilt style. It's in mostly good condition, but one piece of fabric has failed. It was used in several places throughout the quilt and I'm not sure to go about repairing it or if I should even do so. I'm hoping there's someone in your group who could provide some advice. I can bring the piece to one of your meetings if there is interest and/or technical assistance. There's no rush, and I have a full calendar until mid-October. Looking forward to any suggestions. Brenda Glesbrech

If you are interested email Louise & she will contact Brenda.

Library Book Sale – Rhonda Harvey

Our annual library book sale held on September 17 was a great success. Thank you to all our volunteers that helped unpack, display and pack up the remains. Thank you to all the members who donated your used books, patterns and magazines. Also thank you to members who purchased new-to-you items. Your generosity raised $466.30 to be used to purchase new books for the library. A reminder to return books signed out over the summer and from the last meeting. At the October 15 meeting, we will have some new titles to introduce to the members. See you then.

Membership – Susan Wilson

A reminder that the form is now on the website. The membership year now goes from Nov 1 to Oct 31 each year so dues are due by the end of October. You can fill it out and print or print and fill out depending on which form you open. If you wish to pay by e-transfer, you can do so and then also send your form to the treasurer so the payment process can be completed. Or you can e-transfer and then hand in your completed form at a meeting.
NOTE - All members must submit a form each year even if nothing has changed or they are a lifetime member. Looking forward to seeing you at our October 15th meeting.

Butcher Boy & Nature's Fare Receipts – Glenda Valair

Butcher Boys and Natures Fare are two local businesses that are committed support community organizations like the Vernon Silver Star Quilters. Members are encouraged to collect and submit grocery receipts. Once totalled and delivered to either Nature's Fare or Butcher Boys cheques or gift cards valued at a percentage of the receipts are given to VSSQ. They are used to purchase supplies of tea, coffee, cream .Queries - Contact Glenda.

QUARTZ – Catherine Phillips

We had a very inspiring meeting to start the new season. Some wonderful show and tell, a start on our examination of Edge Finishes, and the first instalment of our look into Art Styles with a very informative presentation about Lyrical Abstraction We have handed out the pictures for our year-long challenge, Two Ways of Seeing. In this challenge we are working in pairs, one is making a small quilt inspired by the photograph in a representational format and the other will be working in an abstract format. We are delighted to have 20 people sign up for this challenge. We ended the day with an amazing talk on the Mola Art of the Guna Indians of Panama. There was a large selection of their textile work to look at & quilts made to honour the style.

Pleasant Valley Quilting
#2 - 3495 Pleasant Valley Road, Armstrong, BC
250-546-0003 1-800-546-0003
Visit us at: www. pleasantvalleyquilting.com
Email: klia@pleasantvalleyquilting.com
Large selection of 108" backing fabrics to complete your quilt
Monday - Saturday 9 am - 4 pm | Closed Sundays & Holidays

Thread & Paper
We Carry Quilting & Yarn Supplies
#102 - 650 Trans Canada Highway, Salmon Arm, BC
250-832-3937 Email: threadnpaper@shaw.ca
Open Monday - Friday 9:00 - 5:30
Saturday 9:00 - 5:00
Closed Sundays & some holidays
Shop online and check out our class schedule at www.threadandpaper.com

OCTOBER 2026

Workshops – Pat Bennett

The month has gone by quickly, and we are now in October, one month gone in our new season. Please remember there is not a meeting on October 1 as the Church has other programs running.

Diane Jansson is teaching on October 8th in the Multi-Purpose Room and there are still a couple of spaces open if you're still on the fence. Call me at 250-566-3227 if you're interested.

Our 1st meeting is on the 15th of October and it should be fun. We will have a business meeting and then Quartz is giving us a talk and display. I'm assuming this means wall-hanging and quilts. It will be a beautiful display. The Newcomers will be meeting after the meeting in the Multi-Purpose Room so bring your sewing machines.

We have the Fall Sale at the Halina Centre; here's your chance to sell some of your items we quilters seem to keep making. Fall Retreat begins Monday October 19th and ends Thursday October 22nd.

We are having a Soup and Sewing Day on October 29th, you will need to bring your own bowl and utensils as well as a cup or mug for coffee and tea.

Fall Sale – Susan Wilson

The Guild Fall Sale is scheduled for October 17 at the Halina Centre. If you would like to sell quilted items, please contact Anita Reimer to get a vendor number and price tickets. This is a well-attended event and many people are looking for Christmas gifts. There is a limit of 10 of each unique item to allow for variety from all vendors. The Guild retains 15% of ticket price to pay for expenses to operate the sale.

Quilting For You: 20+ years experience.

Quilting Here & There
NEW! Retreat Nov. 10 – 12. Contact for details

Vernon Silver Star Quilters 40th Anniversary Challenge

May to December 2026 – Katherine Henderson

This is a scrap table challenge so you must use either a pattern or fabrics from the scrap table! As this year is our ruby anniversary, you must include some red in your piece!

The theme is "forty" and here are some options:

a) Something that reminds you of when you turned 40
b) Something to celebrate the guild turning 40
c) Something you imagine for 2066 (40 years in the future)

Size: Perimeter must be between 48" and 96".

Completion date: Meeting before Xmas luncheon, TBA

DEBBIE MACLEOD QUILTING
Longarm Machine Quilting
2804A - 45 Ave.
Vernon, BC V1T 3N4
www.requiemquilting.com
quiltluverdebbie@netscape.net
250-503-7465
DMQ Debbie MacLeod Quilting
Affordable Creativity!
Studio open by appointment only

FABRICLAND
(Both Ventures Inc.)
Come see us for all your quilting needs.
We carry Olfa and Omnigrid.
Fabricland Vernon:
5509 24th St. 250-542-0338
Fabricland Penticton:
392 Skaha Lake Rd 250-493-7377

Poster from Mary-Lou Wightman